



## Magill Timetable – Physiotherapy Classes

Monday	Tuesday	Wednesday	Thursday	Friday
9.00am <b>Physio Exercise Class</b> Georgia	9.00am <b>Physio Exercise Class</b> Andre	8.30am <b>Physio Exercise Class</b> Georgia		8.00am <b>Physio Exercise Class</b> Sam
10.30am <b>Physio Exercise Class</b> Georgia	9.15am <b>Controlled Movement Class</b> Georgia	10.15am <b>Physio Exercise Class</b> Sam	10.00am <b>Controlled Movement Class</b> Georgia	8.45am <b>Physio Exercise Class</b> Georgia
11.15am <b>Physio Exercise Class</b> Sam	10.00am <b>Physio Exercise Class</b> Georgia	11.00am <b>Physio Exercise Class</b> Georgia	11.00am <b>Physio Exercise Class</b> Sam	9.30am <b>Physio Exercise Class</b> Andre
	12.15pm <b>Physio Exercise Class</b> Andre		12.15pm <b>Physio Exercise Class</b> Sam	10.15am <b>Movement Foundations Class</b> Sam
2.00pm <b>Physio Exercise Class</b> Georgia				10.30am <b>Physio Exercise Class</b> Georgia
5.00pm <b>Physio Exercise Class</b> Sam	3.45pm <b>Controlled Movement Class</b> Sam			
5.45pm <b>Physio Exercise Class</b> Sam			4.00pm <b>Physio Exercise Class</b> Georgia	
5.45pm <b>Movement Foundations Class</b> Georgia			5.15pm <b>Physio Exercise Class</b> Georgia	

All classes are 45 minutes in duration.

Please call 08 7078 0303 for any cancellations to avoid a non-attendance fee.