



Magill Timetable – Physiotherapy Classes

Monday	Tuesday	Wednesday	Thursday	Friday
9.00am Physio Exercise Class Georgia	9.00am Physio Exercise Class Andre	8.30am Physio Exercise Class Georgia		8.00am Physio Exercise Class Andre
10.30am Physio Exercise Class Georgia	9.15am Controlled Movement Class Georgia		10.00am Controlled Movement Class Georgia	8.45am Physio Exercise Class Georgia
11.15am Physio Exercise Class Sam	10.00am Physio Exercise Class Georgia	11.00am Physio Exercise Class Georgia	11.00am Physio Exercise Class Sam	9.30am Physio Exercise Class Andre
	12.15pm Physio Exercise Class Andre		12.15pm Physio Exercise Class Sam	10.15am Movement Foundations Class Sam
2.00pm Physio Exercise Class Georgia			2.00pm Physio Exercise Class Sam	10.30am Physio Exercise Class Georgia
5.00pm Physio Exercise Class Sam	3.45pm Controlled Movement Class Sam			
5.45pm Physio Exercise Class Sam			4.00pm Physio Exercise Class Georgia	
5.45pm Movement Foundations Class Georgia			5.15pm Physio Exercise Class Georgia	

All classes are 45 minutes in duration.

Please call 08 7078 0303 for any cancellations to avoid a non-attendance fee.